



Do you need food? How to connect with Food Assistance in your county.

Available Programs <i>To qualify for the programs listed below your gross monthly income must be equal to or less than the amounts listed; based on household size.</i>	Household Size—1	Household Size—2	Household Size—3	Household Size—4	Household Size—5	Additional Member +1
Food Assistance / SNAP <ul style="list-style-type: none"> • Contact: The Mid-Ohio Foodbank Outreach Team • Phone: 614-782-5503 	\$1,383	\$1,868	\$2,353	\$2,839	\$3,324	Add \$486 For each additional household member.
CSFP Program: Seniors 60+ <ul style="list-style-type: none"> • Phone: 740-472-1312 	\$1,383	\$1,863	\$2,353	\$2,839	\$3,324	Add \$486 For each additional household member.
WIC Women, Infants, & Children <ul style="list-style-type: none"> • Phone: 614-645-7280 School Reduced Price & Free Lunches <ul style="list-style-type: none"> • Apply Here: www.schoollunchapp.com 	\$1,872	\$2,538	\$3,204	\$3,870	\$4,536	Add \$666 For each additional household member.
Food Pantry Appointments <ul style="list-style-type: none"> • Phone: 211 or 614-702-7772 (M-F 8am-4pm) • Online: www.handsoncentralohio.org/chat Free Community Produce Markets <ul style="list-style-type: none"> • Online: midohiofoodbank.org/get-help/get-food/ 	\$2,394	\$3,242	\$4,089	\$4,936	\$5,783	Add \$848 For each additional household member.

THE ABOVE DOLLAR AMOUNTS, IN THIS SECTION ONLY, REFLECT THE **TEMPORARY CHANGES** DUE TO THE COVID19 PANDEMIC. THE DOLLAR AMOUNT WILL REVERT ONCE THE CRISIS IS OVER.

- ⇒ Call the [Mid-Ohio Foodbank Outreach Team](http://www.midohiofoodbank.org) with questions regarding any of the programs listed above. **Phone: 614-782-5503.**
- ⇒ All data and times are subject to change. "This institution is an equal opportunity provider, and employer." **Rev.12/04/2020 AMT.**

Monroe County Resources



Find Food Resources in Your Neighborhood

Visit FreshTrak.com to find up-to-date listings of resources available in your zip code. Simply enter your zip code, resources will be shown along with the dates and times they are available.

Proxy

If you are ill, disabled or otherwise unable to make it to a pantry yourself, all Mid-Ohio Foodbank partner agencies use a proxy process where you can send someone you trust to pick-up food for you. Proxy letters in [English](#) and [Spanish](#) can be found on the Mid-Ohio Foodbank website in the **Get Food Section**. To download and print a proxy letter click here: midohiofoodbank.org/get-help/get-food/

Pantry Name	Days, Hours, Distribution	Service Area	Zip Code
Lewisville Community Center Food Pantry SOMA 740-567-3445	Open on the Second, Third and Fourth Wednesday of the month. 10am - 2pm	Monroe	
Sardis Manna 37240 5th Avenue Sardis, 43946 740-483-2511	Last Wed: 8am-10am	Monroe County, Riverfront	
Woodsfield Manna, SOMA 303 S. Main Street Woodsfield, 43793 740-472-0365	Wed: 10am-12pm	Monroe	
Community Kitchen Name	Days / Hours or Distribution	Service Area	Zip Code
Monroe County Senior Center/GMN 118 Home Avenue Woodsfield, 43793 740-472-1312	Mon-Fri: 8am-3pm	Monroe	
CSFP	Contact Person	Phone Number	
	Michelle Hollins	740-472-1312	