



# Do you need food? How to connect with Food Assistance in your county.

<b>Available Programs</b> <i>To qualify for the programs listed below your <b>gross monthly income</b> must be equal to or less than the amounts listed; based on household size.</i>	<b>Household Size—1</b>	<b>Household Size—2</b>	<b>Household Size—3</b>	<b>Household Size—4</b>	<b>Household Size—5</b>	<b>Additional Member +1</b>
<b>Food Assistance / SNAP</b> <ul style="list-style-type: none"> <li>• <b>Contact:</b> The Mid-Ohio Foodbank Outreach Team</li> <li>• <b>Phone:</b> 614-782-5503</li> </ul>	\$1,383	\$1,868	\$2,353	\$2,839	\$3,324	Add <b>\$486</b> For each additional household member.
<b>CSFP Program: Seniors 60+</b> <ul style="list-style-type: none"> <li>• <b>Phone:</b> 740-397-2417</li> </ul>	\$1,383	\$1,863	\$2,353	\$2,839	\$3,324	Add <b>\$486</b> For each additional household member.
<b>WIC Women, Infants, &amp; Children</b> <ul style="list-style-type: none"> <li>• <b>Phone:</b> 614-645-7280</li> </ul> <b>School Reduced Price &amp; Free Lunches</b> <ul style="list-style-type: none"> <li>• <b>Apply Here:</b> <a href="http://www.schoollunchapp.com">www.schoollunchapp.com</a></li> </ul>	\$1,872	\$2,538	\$3,204	\$3,870	\$4,536	Add <b>\$666</b> For each additional household member.
<b>Food Pantry Appointments</b> <ul style="list-style-type: none"> <li>• <b>Phone:</b> 211 or 614-702-7772 (M-F 8am-4pm)</li> <li>• <b>Online:</b> <a href="http://www.handsoncentralohio.org/chat">www.handsoncentralohio.org/chat</a></li> </ul> <b>Free Community Produce Markets</b> <ul style="list-style-type: none"> <li>• <b>Online:</b> <a href="http://midohiofoodbank.org/get-help/get-food/">midohiofoodbank.org/get-help/get-food/</a></li> </ul>	\$2,394	\$3,242	\$4,089	\$4,936	\$5,783	Add <b>\$848</b> For each additional household member.

**THE ABOVE DOLLAR AMOUNTS, IN THIS SECTION ONLY, REFLECT THE TEMPORARY CHANGES DUE TO THE COVID19 PANDEMIC. THE DOLLAR AMOUNT WILL REVERT ONCE THE CRISIS IS OVER.**

- ⇒ Call the [Mid-Ohio Foodbank Outreach Team](http://www.midohiofoodbank.org) with questions regarding any of the programs listed above. **Phone: 614-782-5503.**
- ⇒ All data and times are subject to change. "This institution is an equal opportunity provider, and employer." **Rev.12/04/2020 AMT.**

# Knox County Resources



## Find Food Resources in Your Neighborhood

Visit [FreshTrak.com](http://FreshTrak.com) to find up-to-date listings of resources available in your zip code. Simply enter your zip code, resources will be shown along with the dates and times they are available.

## Proxy

If you are ill, disabled or otherwise unable to make it to a pantry yourself, all Mid-Ohio Foodbank partner agencies use a proxy process where you can send someone you trust to pick-up food for you. Proxy letters in [English](#) and [Spanish](#) can be found on the Mid-Ohio Foodbank website in the **Get Food Section**. To download and print a proxy letter click here: [midohiofoodbank.org/get-help/get-food/](http://midohiofoodbank.org/get-help/get-food/)

Pantry Name	Days, Hours or Distribution	Service Area Zip Code
<b>ISS Mt. Vernon</b> 306 West Gambier Street Mt.Vernon, 43050 740-397-2407	<b>Mon-Fri: 10am-11:30am &amp; 1pm-3:30pm</b>	<b>Mt. Vernon City Schools</b>
<b>ISS Centerburg</b> 40 N. Clayton Street Centerburg, 43011 740-625-5940	<b>Tues-Fri: 9:30am-1:30pm</b>	<b>Centerburg School District</b>
<b>ISS Fredericktown Choice Pantry</b> 69 N. Main St. Fredricktown, 43019 740-694-8110	<b>Mon-Fri: 10am-4pm</b>	<b>Fredricktown</b>
<b>ISS Danville Choice Pantry</b> 302 South Market Danville, 43014 740-599-5673	<b>Mon-Fri: 10am-3pm</b>	<b>Danville</b>
<b>ACTS Community Center</b> 474 Wooster Road Mt. Vernon, 43050 740-397-1065	<b>CLOSED FOR COVID-19</b>	<b>Knox</b>
<b>Salvation Army Mt. Vernon Pantry</b> 206 E. Ohio Avenue Mt. Vernon, 43050 740-392-8716	<b>Mon, Wed, Fri: 9am-3pm</b>	<b>Knox</b>

Pantry Name	Days, Hours or Distribution	Service Area Zip Code
<b>Covenant Food Pantry</b> 13360 New Delaware Road Mt.Vernon, 43050 740-392-3152	<b>2nd Saturday: 10am-Noon</b>	<b>Knox</b>
<b>Centerburg Church of God</b> 4697 Columbus Road Centerburg, 43011 740-625-6500	<b>3rd Saturday: 10am-Noon</b>	<b>Knox</b>
<b>The Father's Pantry</b> 723 Coshocton Avenue Mt. Vernon, 43050 740-392-8466	<b>3rd Saturday: 9am-11am</b>	<b>Knox</b>
<b>Apostolic Christian Church Pantry</b> 1639 Old Delaware Road Mt. Vernon, 43050 740-393-1676	<b>1st Thur.: 12pm-3pm 4th Thur.: 12:30-3pm</b>	<b>Knox</b>
<b>Church on the Rise Food Pantry</b> 7512 Newark Rd. Mt. Vernon, OH. 43050 740-397-9022	<b>3rd Sat.: 11:30am-5pm</b>	<b>Knox: Drive In</b>
<b>Central Christian Church Food Pantry</b> 17833 Gambier Rd. Mt. Vernon, OH. 43050 740-397-1840	<b>3rd Saturday 8am-10am</b>	<b>Knox</b>

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Pantry Name	Days, Hours or Distribution	Service Area Zip Code
<b>Jacque Cordle Children's Fund</b> 12 W. Main St. Centerburg, OH. 43011 740-358-3654	<b>Mon: 3:30pm-6pm</b> <b>Tue: 12pm-3pm</b> <b>Thurs: 9am-1pm</b>	<b>Knox</b>
<b>INJOY Food Pantry</b> 166 East Liberty St., Martinsburg, OH. 43034 740-485-4435	<b>3rd Sat.: 12pm-2pm</b>	<b>Knox</b>
Community Kitchen Name	Days / Hours or Distribution	Service Area Zip Code
<b>The Father's Table</b> 723 Coshocton Ave. Mt. Vernon, OH. 43050 740-392-8466	<b>Wed: 5:30pm-6:30pm</b>	<b>Knox</b>
<b>Apostolic Christian Church S/K</b> 1639 Old Delaware Rd. Mt. Vernon, OH.43050 740-393-1676	<b>2nd Thursday: 12:30pm-3pm</b> <b>4th Thursday: 12:30pm-3pm</b>	<b>Madison</b>
<b>The Salvation Army Hot Meal</b> 206 E. Ohio Avenue Mt. Vernon, OH. 43050 740-392-8716	<b>Thursday: 5:30pm-7:30pm</b>	<b>Knox</b>
CSFP	Contact Person	Phone Number
<b>The Station Break CSFP</b>	<b>Meredith Lowther</b>	<b>740-397-2417</b>