



Do you need food? How to connect with Food Assistance in your county.

Available Programs <i>To qualify for the programs listed below your gross monthly income must be equal to or less than the amounts listed; based on household size.</i>	Household Size—1	Household Size—2	Household Size—3	Household Size—4	Household Size—5	Additional Member +1
Food Assistance / SNAP <ul style="list-style-type: none"> • Contact: The Mid-Ohio Foodbank Outreach Team • Phone: 614-782-5503 	\$1,383	\$1,868	\$2,353	\$2,839	\$3,324	Add \$486 For each additional household member.
CSFP Program: Seniors 60+ <ul style="list-style-type: none"> • Phone: 740-283-1621 	\$1,383	\$1,863	\$2,353	\$2,839	\$3,324	Add \$486 For each additional household member.
WIC Women, Infants, & Children <ul style="list-style-type: none"> • Phone: 614-645-7280 School Reduced Price & Free Lunches <ul style="list-style-type: none"> • Apply Here: www.schoollunchapp.com 	\$1,872	\$2,538	\$3,204	\$3,870	\$4,536	Add \$666 For each additional household member.
Food Pantry Appointments <ul style="list-style-type: none"> • Phone: 211 or 614-702-7772 (M-F 8am-4pm) • Online: www.handsoncentralohio.org/chat Free Community Produce Markets <ul style="list-style-type: none"> • Online: midohiofoodbank.org/get-help/get-food/ 	\$2,394	\$3,242	\$4,089	\$4,936	\$5,783	Add \$848 For each additional household member.

THE ABOVE DOLLAR AMOUNTS, IN THIS SECTION ONLY, REFLECT THE **TEMPORARY CHANGES** DUE TO THE COVID19 PANDEMIC. THE DOLLAR AMOUNT WILL REVERT ONCE THE CRISIS IS OVER.

- ⇒ Call the [Mid-Ohio Foodbank Outreach Team](http://www.midohiofoodbank.org) with questions regarding any of the programs listed above. **Phone: 614-782-5503.**
- ⇒ All data and times are subject to change. "This institution is an equal opportunity provider, and employer." **Rev.12/04/2020 AMT.**

Jefferson County Resources



Find Food Resources in Your Neighborhood

Visit FreshTrak.com to find up-to-date listings of resources available in your zip code. Simply enter your zip code, resources will be shown along with the dates and times they are available.

Proxy

If you are ill, disabled or otherwise unable to make it to a pantry yourself, all Mid-Ohio Foodbank partner agencies use a proxy process where you can send someone you trust to pick-up food for you. Proxy letters in [English](#) and [Spanish](#) can be found on the Mid-Ohio Foodbank website in the **Get Food Section**.

To download and print a proxy letter click here: midohiofoodbank.org/get-help/get-food/

Pantry Name	Days, Hours or Distribution	Service Area Zip Code
Helping Hands of Toronto Ohio 217 N. 4th Street Toronto, OH 43964 740-317-9142	1st Mon. & Wed: 10am-11am 3rd Sat: 9am-10am	43964
Bell Chapel/Good Samaritan Fund 3419 SR 213 Steubenville, OH 43952 740-283-2239	3rd Thur.: 8:30am-2pm	Wintersville, Steubenville Toronto, Richmond, Mingo
Ministry of Salvation 181 Shirley Circle Steubenville, OH 43952 740 282-5015	Every Wednesday 10am-3pm	Jefferson County
Smithfield Friends Pantry 1599 Main St. Smithfield, OH 43948 740-733-8104	<u>Prepack Pantry</u> 2nd Wed. 8am-2:30pm <u>Choice Pantry</u> 2nd Thur. 8am-2:30pm	10 mile radius from pantry
WEBA Outreach Food Pantry 348 N. Main Street Amsterdam, OH 43903 740-433-5686	4th Thur.: 9am-12pm	Jefferson
Empire Food Pantry 84 First Avenue Stratton, OH 43926 740-537-9545	3rd Fri.: 11:30am-1pm	Empire/Stratton Residents
Urban Mission, God's Pantry 301 North Fifth Street Steubenville, OH 43952 740-282-2911	Tue.-Thur.: 8am-2:30pm	Jefferson

Pantry Name	Days, Hours or Distribution	Service Area Zip Code
Salvation Army, Steubenville Pantry 322 North Fourth Street Steubenville, OH 43952 740-282-5121	Mon-Fri: 9am-3pm <i>Closed daily for Lunch - 11:30am – 12:30pm</i>	Steubenville, Wintersville
Church of the Cross Food Pantry 7712 OH 43 Bergholz, OH 43908 740-543-3282	4th Thur.: 10am-12pm	Bergholz, E. Springfield, Amsterdam
Community Kitchen Name	Days/Hours or Distribution	Service Area Zip Code
Urban Mission, Unity Kitchen 301 N. Fifth Street Steubenville, OH 43952 740-282-2911	Mon-Wed.: 12pm-1pm	Steubenville
Bread & Roses/St. Paul Episcopal 415 Adams St. Steubenville, OH 43952 740-282-5366	Thur.: 12pm-1pm	Steubenville
CSFP	Contact Person	Phone Number
Urban Mission, God's Pantry 301 North Fifth Street Steubenville, 43952 740-282-2911	Linda Smith	740-282-8010