



Do you need food? How to connect with Food Assistance in your county.

Available Programs <i>To qualify for the programs listed below your gross monthly income must be equal to or less than the amounts listed; based on household size.</i>	Household Size—1	Household Size—2	Household Size—3	Household Size—4	Household Size—5	Additional Member +1
Food Assistance / SNAP <ul style="list-style-type: none"> • Contact: The Mid-Ohio Foodbank Outreach Team • Phone: 614-782-5503 	\$1,383	\$1,868	\$2,353	\$2,839	\$3,324	Add \$486 For each additional household member.
CSFP Program: Seniors 60+ <ul style="list-style-type: none"> • Phone: 740-439-6681 	\$1,383	\$1,863	\$2,353	\$2,839	\$3,324	Add \$486 For each additional household member.
WIC Women, Infants, & Children <ul style="list-style-type: none"> • Phone: 614-645-7280 School Reduced Price & Free Lunches <ul style="list-style-type: none"> • Apply Here: www.schoollunchapp.com 	\$1,872	\$2,538	\$3,204	\$3,870	\$4,536	Add \$666 For each additional household member.
Food Pantry Appointments <ul style="list-style-type: none"> • Phone: 211 or 614-702-7772 (M-F 8am-4pm) • Online: www.handsoncentralohio.org/chat Free Community Produce Markets <ul style="list-style-type: none"> • Online: midohiofoodbank.org/get-help/get-food/ 	\$2,394	\$3,242	\$4,089	\$4,936	\$5,783	Add \$848 For each additional household member.

THE ABOVE DOLLAR AMOUNTS, IN THIS SECTION ONLY, REFLECT THE **TEMPORARY CHANGES** DUE TO THE COVID19 PANDEMIC. THE DOLLAR AMOUNT WILL REVERT ONCE THE CRISIS IS OVER.

⇒ Call the [Mid-Ohio Foodbank Outreach Team](http://www.midohiofoodbank.org) with questions regarding any of the programs listed above. **Phone: 614-782-5503.**
 ⇒ All data and times are subject to change. "This institution is an equal opportunity provider, and employer." **Rev.12/04/2020 AMT.**

Guernsey County Resources



Find Food Resources in Your Neighborhood

Visit FreshTrak.com to find up-to-date listings of resources available in your zip code. Simply enter your zip code, resources will be shown along with the dates and times they are available.

Proxy

If you are ill, disabled or otherwise unable to make it to a pantry yourself, all Mid-Ohio Foodbank partner agencies use a proxy process where you can send someone you trust to pick-up food for you. Proxy letters in [English](#) and [Spanish](#) can be found on the Mid-Ohio Foodbank website in the **Get Food Section**. To download and print a proxy letter click here: midohiofoodbank.org/get-help/get-food/

Pantry Name	Days, Hours or Distribution	Service Area Zip Code
Salvation Army Cambridge 221 Dewey Ave. Cambridge, OH. 43725 740-432-7759	Monday-Friday: 9am-12pm & 1pm-3pm	Guernsey
Living Water Food Pantry 287 Fair Street Quaker City, OH 43773 740-679-2871	1st & 3rd Thursday: 12pm-2pm	43773, 43378, 43913, 43719, 43723, 43736, 43755
Byesville Assembly of God 102 South 7th Street Byesville, OH 43723 614-685-2553	1st & 3rd Thursday: 12pm-1pm	Rolling Hills School District
Grace Pantry at Center United Methodist Church 11026 Cadiz Rd Cambridge, OH 43725 740-432-6036	2nd Friday of the month from 10-11:30 am	Guernsey
Grace Pantry 1101 Steubenville Ave. Cambridge, OH 43725 740-432-6036	4th Friday of the month : 11am-1:30pm	Guernsey
Main Ave UMC Food Pantry 223 E Main Ave. Byesville, OH 43723 740-685-2912	Thursday: 9am - 12pm	Rolling Hills School District

Community Kitchen Name	Days / Hours or Distribution	Service Area Zip Code
Feed My People 1101 Steubenville Avenue Cam- bridge, 43725 740-439-4214	Mon-Sat: 9am-1pm Serving from 11am—1pm	43725
Guernsey County Senior Ctr. 1022 Carlisle Ave. Cambridge, OH 43725 740-439-5717	Mon-Fri: 11:30am-1pm	Guernsey
CSFP	Contact Person	Phone Number
Guernsey Senior Nutrition- CSFP 1022 Carlisle Ave. Cambridge, OH 43725 740-439-5717	Kylee Quinn	740-439-6681