WHAT IS SNAP?

SNAP (Supplemental Nutrition Assistance Program), formerly known as the Food Stamp Program, is a program that helps individuals and families put food on the table. SNAP is the nation's most effective program at helping people maintain a healthy diet.

HOW MUCH CAN I GET?

How much SNAP help you get depends on your income, expenses, and how many people are in your household. In Ohio, the maximum monthly benefit amount for an individual is $204. If you apply and qualify, you will receive an Electronic Balance Transfer (EBT) card that is loaded with your benefits every month.

Call the Food Assistance Outreach Team at Mid-Ohio Food Collective if you have further questions about your application

614-782-5503

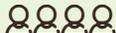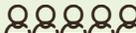**mid-ohio food collective**

foodbank | farm | farmacy | kitchen | market

SNAP USDA
Supplemental Nutrition Assistance Program
Putting Healthy Food Within Reach

SNAP
GUIDE FOR COLLEGE STUDENTS
(FOOD STAMPS)

need help putting food on the table?

SNAP INCOME ELIGIBILITY EFFECTIVE 10/01/2020 TO 9/30/2021

Household Size	1	2	3	4	5	+1
Gross Monthly Income:	$1,383	$1,868	$2,353	$2,839	$3,324	+ $486

WHAT HAPPENS WHEN I APPLY?

Applying is free and confidential.

The online SNAP application process takes about 30 minutes.

The SNAP application is completed based on your current residence. You would complete the Ohio SNAP application because you are living here as a student. (The SNAP application process differs state to state.)

If you have roommates who are also eligible for SNAP and you prepare or share meals with them, you would apply together as a household. Otherwise, you would apply as an individual.

On your application you will report income (like wages, money from parents), expenses (rent, utilities, childcare costs), and resources (bank account info). You will need to provide supporting documentation for these items (such as pay stubs, lease, etc.). Mid-Ohio Food Collective can submit these documents on your behalf or you can upload the documents if you apply using the Ohio Benefits self-service online tool.

After you submit your application, you will need to have a phone interview with a JFS caseworker.

JFS must approve or deny your application within 30 days.

AM I ELIGIBLE FOR SNAP?

Eligibility for SNAP is mainly based on your financial situation, but there are also special rules for college students. Your household must have less than $2,250 in resources, such as savings. Your household income generally* must be below the income limits listed below.

College students must also meet at least ONE of the following to be eligible:

- Attend school less than half-time;
- Work an average of 80 hours per month;
- Participate in a work-study program;
- Be under age 18 OR over age 49;
- Have a documented physical or mental disability;
- Care for a child under age 6;
- Care for a child between age 6 and 11 AND not have another adult in the home who can provide childcare;
- Receive a Families First (TANF) or Social Security benefits;
- Attend school as part of an employment readiness program.

HOW CAN I APPLY FOR SNAP?

There are several ways to apply. You can apply by dropping a paper application off at your local Department of Job and Family Service (JFS).

You can apply for SNAP online at: www.benefits.ohio.gov or by calling **1-844-640-6446**.

If you need assistance applying and submitting documents on your behalf you can contact the Food Assistance Outreach Team at the Mid-Ohio Food Collective's Food Assistance Hotline **614-782-5503**.

HOW DOES AN EBT CARD WORK?

The EBT card works just like a debit card. Your EBT card is accepted at nearly all grocery stores and supermarkets. You can use your EBT card to buy food that you prepare at home. You can also buy vegetable seeds and food-producing plants.

Many farmer's markets now accept SNAP. Some markets will give you "bonus bucks" to spend on fresh produce if you use your EBT card. Check with your local market to see if they offer this. You can also call **1-866-386-3071**

*Households that include someone over age 59 or receiving disability benefits may qualify even if they have higher resources and income.