

# Do you need food?

When, where & how to connect with food assistance in your county.



To qualify for these services your gross monthly income must be equal to or less than these amounts based on household size:

Available Programs	Household Size—1	Household Size—2	Household Size—3	Household Size—4	Household Size—5	Household Size—6	Additional Member +1
Food Assistance / Food Stamps Call MOF Outreach 614-782-5503 Senior Food Box / CSFP Program Call Center for Seniors 740-686-9832  School Free Lunch Program Apply at <a href="http://www.schoollunchapp.com">www.schoollunchapp.com</a>	<b>\$1,316</b>	<b>\$1,784</b>	<b>\$2,252</b>	<b>\$2,720</b>	<b>\$3,188</b>	<b>\$3,656</b>	<b>Add \$468</b> for each additional household member
Women, Infants, & Children Program Call WIC 740-676-2232  School Reduced Price Lunch Program Apply at <a href="http://www.schoollunchapp.com">www.schoollunchapp.com</a>	<b>\$1,872</b>	<b>\$2,538</b>	<b>\$3,204</b>	<b>\$3,870</b>	<b>\$4,536</b>	<b>\$5,202</b>	<b>Add \$666</b> for each additional household member
Food Pantry Appointment Call 211 or 1-216-436-2100  Free Community Produce Markets <a href="http://midohiofoodbank.org/gethelp/getfood">midohiofoodbank.org/gethelp/getfood</a>	<b>\$2,024</b>	<b>\$2,744</b>	<b>\$3,464</b>	<b>\$4,184</b>	<b>\$4,904</b>	<b>\$5,624</b>	<b>Add \$720</b> for each additional household member

Call the MOF Benefits Assistance Outreach team with questions about any of these programs 614-448-6889.

"This institution is an equal opportunity provider, and employer." All data and times are subject to change. Rev. 10/2018 AMT

# Knox County Walk-In Pantries / Community Kitchens

Pantry Name	Days / Hours or Distribution	Service Area Zip Code
Interchurch Social-Knox Co. 306 West Gambier Street Mt.Vernon, 43050 740-397-2407	Mon-Fri: 10am-11:30am	Mt. Vernon City Schools
ISS Centerburg 40 N. Clayton Street Centerburg, 43011 740-625-5940	Tues-Fri: 9:30am-2pm	Centerburg School District
ISS Fredericktown Choice Pantry 69 N. Main St. Fredricktown, 43019 740-694-8110	Mon-Fri: 10am-3pm	Fredricktown
ISS Danville Choice Pantry 302 South Market Danville, 43014 740-599-5673	Mon-Fri: 10am-3pm	Danville
ACTS Community Center 474 Wooster Road Mt. Vernon, 43050 740-397-1065	Thurs: 12pm-3pm	Knox
Salvation Army Mt. Vernon Pantry 206 E. Ohio Avenue Mt. Vernon, 43050 740-392-8716	Mon, Fri: 9am-3pm Wed: 3pm-6pm	Knox
Covenant Food Pantry/Covenant Christian 13360 New Delaware Road Mt.Vernon, 43050 740-392-3152	1st Sat: 10am-12pm and Emergencies, Closed 1st Sat in July	Knox
Centerburg Church of God Pantry 4697 Columbus Road Centerburg, 43011 740-625-6500	2nd & 4th Sat: 10am-12pm	Knox
<b>The Father's Pantry/Nazarene Church</b> 723 Coshocton Avenue Mt.Vernon, 43050 740-392-8466	3rd Sat: 9am-11am	Knox
Apostolic Christian Church Pantry 1639 Old Delaware Road Mt.Vernon, 43050 740-393-1676	2nd & 4th Thurs: 12:30pm-3pm	Knox
Howard Christian Church Pantry 12440 Mary Street Howard, 43028 740-599-9749	3rd Sat: 8am-10am	Howard
Community Kitchen Name	Days/Hours or Distribution	Service Area Zip Code
<b>The Father's Table/Nazarene Church</b> 723 Coshocton Avenue Mt.Vernon, 43050 740-392-8466	Wed: 5:30pm-6:30pm	Knox
Sanctuary Community Action Hot Meals 408 S. Market Street Danville, 43014 740-599-9023	Mon-Fri: 11:30am-1pm	Knox Delivery Only
Apostolic Christian Church S/K 1639 Old Delaware Road Mt.Vernon, 43050 740-393-1676	2nd Thurs: 12:30pm-3pm 4th Thurs: 12:30pm-3pm	Madison

## Knox County Walk-In Pantries / Community Kitchens Cont.

Community Kitchen Name	Days / Hours or Distribution	Service Area Zip Code
<b>St. Paul's Episcopal Ch. Hot Meals</b> 100 E. High St. Mt.Vernon, 43050 740-392-8601	Sun: 5pm-6pm	Knox
The Salvation Army Hot Meal 206 E. Ohio Avenue Mt.Vernon, 43050 740-392-8716	Thurs: 5:30pm-7:30pm	Knox
First Presbyterian Hot Meals 102 N. Gay Street Mt.Vernon,43050 740-393-1326	Mon: 5:30pm-6:30pm	Knox
First Congregational Hot Meals 200 N. Man Street Mt.Vernon, 43050 740-393-1736	Tues: 5:30pm-6:30pm	Knox