



Mid-Ohio Foodbank

DID YOU KNOW?

SEPTEMBER IS HUNGER ACTION MONTH

FOODBANK FAST FACTS



ABOUT MID-OHIO FOODBANK:

- In the past year, Mid-Ohio Foodbank distributed more than 70 million pounds of food and grocery products.
- About two-thirds of what Mid-Ohio Foodbank distributes is fresh – including fruits, vegetables, dairy and meat.
- Mid-Ohio Foodbank distributes food and grocery products to more than 650 partner agencies (pantries, soup kitchens, shelters, etc.) in 20 central and eastern Ohio counties.
- Our warehouse holds, on average, about 4 million pounds of food at any one time – about a month's supply.
- Our coolers and freezer hold up to 58 semi-loads worth of product, which helps Mid-Ohio Foodbank distribute more fresh food.
- Mid-Ohio Foodbank distributes enough food for more than 155,000 meals each day.
- In the past year, over 11,000 volunteers donated their time and effort to Mid-Ohio Foodbank.

Together we are building a hunger-free and healthier community.



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ABOUT OUR WORK AND OUR HUNGRY NEIGHBORS:

- Mid-Ohio Foodbank partner agencies host about 1,400 produce markets every year to improve access to fresh foods in low-income, high-need communities.
- For every \$1 donated to Mid-Ohio Foodbank, we can provide about \$10 worth of groceries.
- Last year the Foodbank provided food to more than half a million of our hungry neighbors.
- Mid-Ohio Foodbank served over 24,600 unduplicated people from more than 7,400 different families at our on-site Kroger Community Pantry.
- In our network of partner agencies, over half of food requests are for children and seniors.
- About half of the people we serve earn an income but are struggling to make ends meet.
- Five percent of those we serve are homeless. Seventy percent of our clients visit a food pantry five times or less in a year.

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ABOUT HUNGER IN OHIO AND THE UNITED STATES:

- One in six (17 percent) Ohioans do not know where their next meal will come from and more than 1.7 million Ohioans receive SNAP (Supplemental Nutrition Assistance Program - formerly known as food stamps). Source: Feeding America
- One in four children in our community is hungry.
Source: PantryTrak™
- Of the over 41 million food-insecure Americans, 27 percent live in households ineligible for federal nutrition programs. Their income is above 185 percent of the poverty line. Source: Feeding America: Map the Meal Gap 2018
- The average monthly Supplemental Nutrition Assistance Program (SNAP) benefit per person is only \$127, or \$1.51 per person per meal.
Source: Center of Budget and Policy Priorities
- Hungry children are at a higher risk of behavioral difficulties.
Source: Too Hungry to Learn: Food Insecurity and School Readiness
- Food-insecure adults are at a 49 percent increased risk for diabetes.
Source: Centers for Disease Control and Prevention
- People who are food insecure are 32 percent more likely to be obese.
Source: Centers for Disease Control and Prevention

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