

# Do you need food?

When, where & how to connect with food assistance in your county.



To qualify for these services your gross monthly income must be equal to or less than these amounts based on household size:

Available Programs	Household Size—1	Household Size—2	Household Size—3	Household Size—4	Household Size—5	Additional Member +1
<b>Food Assistance / Food Stamps</b> Call MOF Outreach <b>614-782-5503</b>  <b>Senior Food Box / CSFP Program</b> Call Center for Seniors <b>614-358-2617</b>  <b>School Free Lunch Program</b> Apply at <a href="http://www.schoollunchapp.com">www.schoollunchapp.com</a>	<b>\$1,354</b>	<b>\$1,832</b>	<b>\$2,311</b>	<b>\$2,790</b>	<b>\$3,269</b>	Add <b>\$479</b> for each additional household member
<b>Women, Infants, &amp; Children Program</b> Call WIC <b>614-645-7280</b>  <b>School Reduced Price Lunch Program</b> Apply at <a href="http://www.schoollunchapp.com">www.schoollunchapp.com</a>	<b>\$1,872</b>	<b>\$2,538</b>	<b>\$3,204</b>	<b>\$3,870</b>	<b>\$4,536</b>	Add <b>\$666</b> for each additional household member
<b>Food Pantry Appointment</b> Call 211 or <b>614-702-7772 M-F 8am-4pm</b> <a href="http://www.handsoncentralohio.org/chat">www.handsoncentralohio.org/chat</a>  <b>Free Community Produce Markets</b> <a href="http://midohiofoodbank.org/gethelp/getfood">midohiofoodbank.org/gethelp/getfood</a>	<b>\$2,024</b>	<b>\$2,744</b>	<b>\$3,464</b>	<b>\$4,184</b>	<b>\$4,904</b>	Add <b>\$720</b> for each additional household member

Call the **MOF Benefits Assistance Outreach** team with questions about any of these programs **614-782-5503**.

“This institution is an equal opportunity provider, and employer.” All data and times are subject to change. **Rev.10/2019 AMT**



# Knox County Walk-In Pantries / Community Kitchens

Pantry Name	Days / Hours or Distribution	Service Area Zip Code
<b>LLSS Mt. Vernon</b> 306 West Gambier Street Mt.Vernon, 43050 740-397-2407	Mon-Fri: 10am-11:30am & 1pm-3:30pm	Mt. Vernon City Schools
<b>ISS Centerburg</b> 40 N. Clayton Street Centerburg, 43011 740-625-5940	Tues-Fri: 9:30am-1:30pm	Centerburg School District
<b>ISS Fredericktown Choice Pantry</b> 69 N. Main St. Fredricktown, 43019 740-694-8110	Mon-Fri: 10am-4pm	Fredricktown
<b>ISS Danville Choice Pantry</b> 302 South Market Danville, 43014 740-599-5673	Mon-Fri: 10am-3pm	Danville
<b>ACTS Community Center</b> 474 Wooster Road Mt. Vernon, 43050 740-397-1065	Thurs: 12pm-3pm	Knox
<b>Salvation Army Mt. Vernon Pantry</b> 206 E. Ohio Avenue Mt. Vernon, 43050 740-392-8716	Mon, Wed, Fri: 9am-3pm	Knox
<b>Covenant Food Pantry</b> 13360 New Delaware Road Mt.Vernon, 43050 740-392-3152	2nd Saturday: 10am-Noon	Knox
<b>Centerburg Church of God Pantry</b> 4697 Columbus Road Centerburg, 43011 740-625-6500	3rd Saturday: 10am-Noon	Knox
<b>The Father's Pantry</b> 723 Coshocton Avenue Mt. Vernon, 43050 740-392-8466	3rd Saturday: 9am-11am	Knox
<b>Apostolic Christian Church Pantry</b> 1639 Old Delaware Road Mt. Vernon, 43050 740-393-1676	1st Thursday: 12pm-3pm 4th Thursday: 12:30pm-3pm	Knox
<b>Church on the Rise Food Pantry</b> 7512 Newark Rd. Mt. Vernon, OH. 43050 740-397-9022	3rd Saturday: 11:30am-5pm	Knox: Drive In
<b>Central Christian Church Food Pantry</b> 17833 Gambier Rd. Mt. Vernon, OH. 43050 740-397-1840	3rd Saturday 8am-10am	Knox
<b>Jacque Cordle Children's Fund</b> 12 W. Main St. Centerburg, OH. 43011 740-358-3654	Mon: 3:30pm-6pm Tue: 12pm-3pm Thurs: 9am-1pm	Knox
<b>INJOY Food Pantry</b> 166 East Liberty St., Martinsburg, OH. 43034 740-485-4435	3rd Saturday: 12pm-2pm	Knox

# Knox County Walk-In Pantries / Community Kitchens Cont.

Community Kitchen Name	Days / Hours or Distribution	Service Area Zip Code
<b>The Father's Table</b> 723 Coshocton Ave. Mt. Vernon, OH. 43050 740-392-8466	Wed: 5:30pm-6:30pm	Knox
<b>Sanctuary Community Action Hot Meals</b> 408 S. Market Street Danville, OH.43014 740-599-9023	Mon-Fri: 11:30am-1pm	Knox <b>Delivery Only</b>
<b>Apostolic Christian Church S/K</b> 1639 Old Delaware Rd. Mt.Vernon, OH.43050 740-393-1676	2nd Thursday: 12:30pm-3pm 4th Thursday: 12:30pm-3pm	Madison
<b>St. Paul's Episcopal Ch. Hot Meals</b> 100 E. High St. Mt. Vernon, OH. 43050 740-392-8601	Sunday: 5pm-6pm	Knox
<b>The Salvation Army Hot Meal</b> 206 E. Ohio Avenue Mt. Vernon, OH. 43050 740-392-8716	Thursday: 5:30pm-7:30pm	Knox
<b>First Presbyterian Hot Meals</b> 102 N. Gay Street Mt. Vernon, OH. 43050 740-393-1326	Mon: 5:30pm-6:30pm	Knox
<b>First Congregational Hot Meals</b> 200 N. Man Street Mt. Vernon, OH. 43050 740-393-1736	Tues: 5:30pm-6:30pm	Knox
<b>The Station Break CSFP</b>  <b>For CSFP Contact:</b> <b>Meredith Lowther 740-397-3841</b>		