



Do you need food? How to connect with Food Assistance in your county.

Available Programs <i>To qualify for the programs listed below your gross monthly income must be equal to or less than the amounts listed; based on household size.</i>	Household Size—1	Household Size—2	Household Size—3	Household Size—4	Household Size—5	Additional Member +1
Food Assistance / SNAP <ul style="list-style-type: none"> • Contact: The Mid-Ohio Foodbank Outreach Team • Phone: 614-782-5503 	\$1,354	\$1,832	\$2,311	\$2,790	\$3,269	Add \$479 For each additional household member.
CSFP Program: Seniors 60+ <ul style="list-style-type: none"> • Phone: 740-283-1621 	\$1,383	\$1,863	\$2,353	\$2,839	\$3,324	Add \$486 For each additional household member.
WIC Women, Infants, & Children <ul style="list-style-type: none"> • Phone: 614-645-7280 School Reduced Price & Free Lunches <ul style="list-style-type: none"> • Apply Here: www.schoollunchapp.com 	\$1,872	\$2,538	\$3,204	\$3,870	\$4,536	Add \$666 For each additional household member.
Food Pantry Appointments <ul style="list-style-type: none"> • Phone: 211 or 614-702-7772 (M-F 8am-4pm) • Online: www.handsoncentralohio.org/chat Free Community Produce Markets <ul style="list-style-type: none"> • Online: midohiofoodbank.org/get-help/get-food/ 	\$2,394	\$3,242	\$4,089	\$4,936	\$5,783	Add \$848 For each additional household member.

THE ABOVE DOLLAR AMOUNTS, IN THIS SECTION ONLY, REFLECT THE **TEMPORARY CHANGES** DUE TO THE COVID19 PANDEMIC. THE DOLLAR AMOUNT WILL REVERT ONCE THE CRISIS IS OVER.

- ⇒ Call the [Mid-Ohio Foodbank Outreach Team](http://www.midohiofoodbank.org) with questions regarding any of the programs listed above. **Phone: 614-782-5503.**
- ⇒ All data and times are subject to change. "This institution is an equal opportunity provider, and employer." **Rev.4/21/2020 AMT.**

Jefferson County Resources

If you are ill, disabled or otherwise unable to make it to a pantry yourself, all Mid-Ohio Foodbank partner agencies use a proxy process where you can send someone you trust to pick-up food for you.

Proxy letters in [English](#) and [Spanish](#) can be found on the Mid-Ohio Foodbank website in the **Get Food Section**.

To download and print a proxy letter click here: midohiofoodbank.org/get-help/get-food/

Pantry Name	Days, Hours or Distribution	Service Area Zip Code
Helping Hands of Toronto Ohio 217 N. 4th Street Toronto, OH 43964 740-317-9142	1st Mon. & Wed: 10am-11am 3rd Sat: 9am-10am	43964
Bell Chapel/Good Samaritan Fund 3419 SR 213 Steubenville, OH 43952 740-283-2239	3rd Thur.: 8:30am-2pm	Wintersville, Steubenville Toronto, Rich- mond, Mingo
Ministry of Salvation 181 Shirley Circle Steubenville, OH 43952 740 282-5015	Every Wednesday 10am-3pm	Jefferson County
Smithfield Friends Pantry 1599 Main St. Smithfield, OH 43948 740-733-8104	<u>Prepack Pantry</u> 2nd Wed. 8am-2:30pm <u>Choice Pantry</u> 2nd Thur. 8am-2:30pm	10 mile radius from pantry
WEBA Outreach Food Pantry 348 N. Main Street Amsterdam, OH 43903 740-433-5686	4th Thur.: 9am-12pm	Jefferson
Empire Food Pantry 84 First Avenue Stratton, OH 43926 740-537-9545	3rd Fri.: 11:30am-1pm	Empire/Stratton Residents
Urban Mission, God's Pantry 301 North Fifth Street Steubenville, OH 43952 740-282-2911	Tue.-Thur.: 8am-2:30pm	Jefferson

Pantry Name	Days, Hours or Distribution	Service Area Zip Code
Salvation Army, Steubenville Pantry 322 North Fourth Street Steubenville, OH 43952 740-282-5121	Mon-Fri: 9am-3pm <i>Closed daily for Lunch - 11:30am – 12:30pm</i>	Steubenville, Wintersville
Church of the Cross Food Pantry 7712 OH 43 holz, OH 43908 740-543-3282	4th Thur.: 10am-12pm	Bergholz, E. Springfield, Amsterdam
Community Kitchen Name	Days/Hours or Distribution	Service Area Zip Code
Urban Mission, Unity Kitchen 301 N. Fifth Street Steubenville, OH 43952 740-282-2911	Mon-Wed.: 12pm-1pm	Steubenville
Bread & Roses/St. Paul Episcopal 415 Adams St. Steubenville, OH 43952 740-282-5366	Thur.: 12pm-1pm	Steubenville
CSFP	Contact Person	Phone Number
Urban Mission, God's Pantry 301 North Fifth Street Steubenville, 43952 740-282-2911	Linda Smith	740-282-8010