



Do you need food? How to connect with Food Assistance in your county.

Available Programs <i>To qualify for the programs listed below your gross monthly income must be equal to or less than the amounts listed; based on household size.</i>	Household Size—1	Household Size—2	Household Size—3	Household Size—4	Household Size—5	Additional Member +1
Food Assistance / SNAP <ul style="list-style-type: none"> • Contact: The Mid-Ohio Foodbank Outreach Team • Phone: 614-782-5503 	\$1,354	\$1,832	\$2,311	\$2,790	\$3,269	Add \$479 For each additional household member.
CSFP Program: Seniors 60+ <ul style="list-style-type: none"> • Phone: 740-439-6681 	\$1,383	\$1,863	\$2,353	\$2,839	\$3,324	Add \$486 For each additional household member.
WIC Women, Infants, & Children <ul style="list-style-type: none"> • Phone: 614-645-7280 School Reduced Price & Free Lunches <ul style="list-style-type: none"> • Apply Here: www.schoollunchapp.com 	\$1,872	\$2,538	\$3,204	\$3,870	\$4,536	Add \$666 For each additional household member.
Food Pantry Appointments <ul style="list-style-type: none"> • Phone: 211 or 614-702-7772 (M-F 8am-4pm) • Online: www.handsoncentralohio.org/chat Free Community Produce Markets <ul style="list-style-type: none"> • Online: midohiofoodbank.org/get-help/get-food/ 	\$2,394	\$3,242	\$4,089	\$4,936	\$5,783	Add \$848 For each additional household member.

THE ABOVE DOLLAR AMOUNTS, IN THIS SECTION ONLY, REFLECT THE **TEMPORARY CHANGES** DUE TO THE COVID19 PANDEMIC. THE DOLLAR AMOUNT WILL REVERT ONCE THE CRISIS IS OVER.

- ⇒ Call the [Mid-Ohio Foodbank Outreach Team](http://www.midohiofoodbank.org) with questions regarding any of the programs listed above. **Phone: 614-782-5503.**
- ⇒ All data and times are subject to change. "This institution is an equal opportunity provider, and employer." **Rev.4/24/2020 AMT.**

Guernsey County Resources

If you are ill, disabled or otherwise unable to make it to a pantry yourself, all Mid-Ohio Foodbank partner agencies use a proxy process where you can send someone you trust to pick-up food for you.

Proxy letters in [English](#) and [Spanish](#) can be found on the Mid-Ohio Foodbank website in the **Get Food Section**.

To download and print a proxy letter click here: midohiofoodbank.org/get-help/get-food/

Pantry Name	Days, Hours or Distribution	Service Area Zip Code
Salvation Army Cambridge 221 Dewey Ave. Cambridge, OH. 43725 740-432-7759	Monday-Friday: 9am-12pm & 1pm-3pm	Guernsey
Living Water Food Pantry 287 Fair Street Quaker City, OH 43773 740-679-2871	1st & 3rd Thursday: 12pm-2pm	43773, 43378, 43913, 43719, 43723, 43736, 43755
Byesville Assembly of God 102 South 7th Street Byesville, OH 43723 614-685-2553	1st & 3rd Thursday: 12pm-1pm	Rolling Hills School District
Grace Pantry at Center United Methodist Church 11026 Cadiz Rd Cambridge, OH 43725 740-432-6036	2nd Friday of the month from 10-11:30 am	Guernsey
Grace Pantry 1101 Steubenville Ave. Cambridge, OH 43725 740-432-6036	4th Friday of the month : 11am-1:30pm	Guernsey
Main Ave UMC Food Pantry 223 E Main Ave. Byesville, OH 43723 740-685-2912	Thursday: 9am - 12pm	Rolling Hills School District

Community Kitchen Name	Days / Hours or Distribution	Service Area Zip Code
Feed My People 1101 Steubenville Avenue Cambridge, 43725 740-439-4214	Mon-Sat: 9am-1pm Serving from 11am—1pm	43725
Guernsey County Senior Ctr. 1022 Carlisle Ave. Cambridge, OH 43725 740-439-5717	Mon-Fri: 11:30am-1pm	Guernsey
CSFP	Contact Person	Phone Number
Guernsey Senior Nutrition-CSFP 1022 Carlisle Ave. Cambridge, OH 43725 740-439-5717	Kylee Quinn	740-439-6681