

# this is HUNGER

Working toward a hunger-free and healthier community.

**HUNGER ISN'T SOMETHING YOU SEE.  
BUT IT EXISTS. RIGHT HERE, IN  
OUR OWN COMMUNITY.**

Since 1980, we've been working with grocers, food companies, Ohio farmers and community partners to collect and distribute nutritious food across twenty counties to children, seniors, families and veterans *who don't know where their next meal is coming from.*



## this is WHAT HUNGER LOOKS LIKE

One in 6 of our neighbors and 1 in 4 of our children struggle to access enough food for an active and healthy lifestyle. Mid-Ohio Foodbank served more than 525,000 hungry neighbors last year through its network.



### PROTECTING OUR FUTURE

35% of the food requests we receive are for children.



### MAKING MORE POSSIBLE

69% of the people we serve choose between food and utilities; 55% are choosing between food and shelter.



### PROVIDING NEW STRENGTH

14% of food requests we receive from food pantries are for seniors.

## this is OUR IMPACT

We supply food to more than 650 food pantries, soup kitchens, shelters, after-school programs, produce markets and senior housing sites in central and eastern Ohio—helping our partner network to provide more than 130,066 meals every day.



### EXPONENTIAL IMPACT

For every \$1 we receive from donors, we distribute \$10 worth of groceries.



### WEIGHTY COMMITMENT

We handle nearly 60 million pounds of food each year, more than half of which is fresh.



### FOOD IS HEALTH

Nutritious food transforms lives, helping all of us to learn, work & be well.

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Designed in-house by Mid-Ohio Foodbank

a member of  
**FEEDING  
AMERICA**



**this is  
OUR PASSION**

Starting from the inside, we organize ourselves to do our best work by building an inclusive culture and hiring diverse-minded people with the passion to do this meaningful work.



**this is  
OUR WORK**

The most basic of human needs is food and feeding the line is the core of what we do. Our commitment is to create food access points on all levels.



**this is  
WHAT MATTERS**

We cannot effectively sustain a growth model of acquiring more food to feed our hungry neighbors. What we can do is learn from those we serve and then use that knowledge to inform our future work—using tools like *Pantry Trak* to understand where hunger lives.



**this is  
YOUR PART**

Hunger is not a one-organization issue. It is a community issue. With each person we engage in our mission, we get smarter about how to address hunger and become better equipped to take action. **Here's how you can help:**

**ONE TEAM**

*We are one team empowered to end hunger.*

**TRUSTWORTHY**

*We come from a place of trust, in ourselves and each other.*

**INNOVATIVE LEARNERS**

*Innovation is our expectation and aspiration.*

**CLIENT CENTRIC**

*Clients are the heart of our mission.*

Our intent is to connect with clients through compassion because they are our friends, family, and neighbors. We offer services that embrace the whole person and respect their hopes, experiences, as well as their needs.

**PARTNER AGENCIES**

Thanks to our network of more than 650 partner agencies, we help income-eligible neighbors navigate the systems of receiving food assistance across our 20 county footprint.

**FOOD PARTNERS**

We work with farmers, wholesalers, manufacturers, distributors, retail grocers, food service companies and government agencies in national, state and local markets to acquire and distribute food.

**COMMUNITY PARTNERS**

Hunger does not exist in isolation. Civic, business, government and individuals consistently step up to support the Foodbank's work—connecting food to our hungry neighbors.

**SOUTH SIDE ROOTS**

[southsideroots.org](http://southsideroots.org)

Located inside Reeb Avenue Center and supported by Mid-Ohio Foodbank, we work with other nonprofit organizations to better serve the whole person through a Cafe, Fresh Foods Market, Kitchen, Weekly Community Meal and Kids Cafe Program.

**URBAN FARMS OF CENTRAL OHIO**

[urbanfarmsofcentralohio.org](http://urbanfarmsofcentralohio.org)

Rooted in the Foodbank, Urban Farms is a public/private partnership launched to grow healthier communities from the ground up, making fresh food accessible to all.

**HUNGER2HEALTH**

Nutritious food has a direct impact on health and we are dedicated to innovative approaches to create hunger-free, healthier communities.

**VOLUNTEER**

There are countless ways you can make a difference—from sorting and packing groceries to donating time at Roots, working the farm, managing special events or serving on a committee.

**DONATE**

Provide a tax-deductible financial donation to support our efforts or coordinate a local food drive to help stock the shelves of local food pantries.

**ADVOCATE**

Contact your elected officials today and help us create the political will to end hunger.

