



Do you need food? How to connect with Food Assistance in your county.

Available Programs <i>To qualify for the programs listed below your gross monthly income must be equal to or less than the amounts listed; based on household size.</i>	Household Size—1	Household Size—2	Household Size—3	Household Size—4	Household Size—5	Additional Member +1
Food Assistance / SNAP <ul style="list-style-type: none"> • Contact: The Mid-Ohio Foodbank Outreach Team • Phone: 614-782-5503 	\$1,354	\$1,832	\$2,311	\$2,790	\$3,269	Add \$479 For each additional household member.
CSFP Program: Seniors 60+ <ul style="list-style-type: none"> • Phone: 740-472-1312 	\$1,383	\$1,863	\$2,353	\$2,839	\$3,324	Add \$486 For each additional household member.
WIC Women, Infants, & Children <ul style="list-style-type: none"> • Phone: 614-645-7280 School Reduced Price & Free Lunches <ul style="list-style-type: none"> • Apply Here: www.schoollunchapp.com 	\$1,872	\$2,538	\$3,204	\$3,870	\$4,536	Add \$666 For each additional household member.
Food Pantry Appointments <ul style="list-style-type: none"> • Phone: 211 or 614-702-7772 (M-F 8am-4pm) • Online: www.handsoncentralohio.org/chat Free Community Produce Markets <ul style="list-style-type: none"> • Online: midohiofoodbank.org/get-help/get-food/ 	\$2,394	\$3,242	\$4,089	\$4,936	\$5,783	Add \$848 For each additional household member.

THE ABOVE DOLLAR AMOUNTS, IN THIS SECTION ONLY, REFLECT THE **TEMPORARY CHANGES** DUE TO THE COVID19 PANDEMIC. THE DOLLAR AMOUNT WILL REVERT ONCE THE CRISIS IS OVER.

- ⇒ Call the [Mid-Ohio Foodbank Outreach Team](http://www.midohiofoodbank.org) with questions regarding any of the programs listed above. **Phone: 614-782-5503.**
- ⇒ All data and times are subject to change. "This institution is an equal opportunity provider, and employer." **Rev.4/24/2020 AMT.**

Monroe County Resources

If you are ill, disabled or otherwise unable to make it to a pantry yourself, all Mid-Ohio Foodbank partner agencies use a proxy process where you can send someone you trust to pick-up food for you.

Proxy letters in [English](#) and [Spanish](#) can be found on the Mid-Ohio Foodbank website in the **Get Food Section**.

To download and print a proxy letter click here: midohiofoodbank.org/get-help/get-food/

Pantry Name	Days, Hours, Distribution	Service Area	Zip Code
Lewisville Community Center Food Pantry SOMA 740-567-3445	Open on the Second, Third and Fourth Wednesday of the month. 10am - 2pm	Monroe	
Sardis Manna 37240 5th Avenue Sardis, 43946 740-483-2511	Last Wed: 8am-10am	Monroe County, Riverfront	
Woodsfield Manna, SOMA 303 S. Main Street Woodsfield, 43793 740-472-0365	Wed: 10am-12pm	Monroe	
Community Kitchen Name	Days / Hours or Distribution	Service Area	Zip Code
Monroe County Senior Center/GMN 118 Home Avenue Woodsfield, 43793 740-472-1312	Mon-Fri: 8am-3pm	Monroe	
CSFP	Contact Person	Phone Number	
	Michelle Hollins	740-472-1312	