

Building Better Lives.

Understanding How Trauma Impacts Behavior.

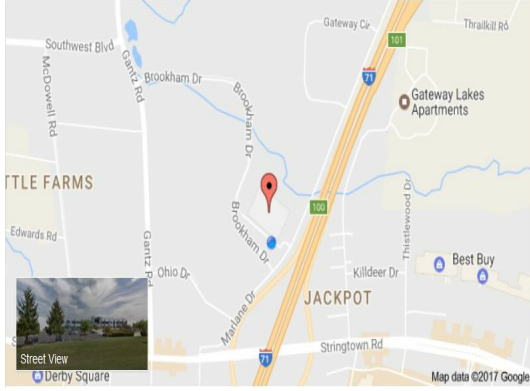


Join Carol Taylor, *Building Better Lives* coordinator, for an informative and interactive session on how the impact of toxic stress can affect behavior and relationship building. Through increased understanding of the types of toxic stress people face, the impact that occurs in the brain and the brain's response to stress, we can become more informed, empathetic, and effective service providers.

You Will Gain:

- *A basic understanding of the impact* Toxic Stress has on the brain, their behavior and what it means for those who suffer and how they develop relationships.
- *Tips and tools for implementing* communications strategies and/or environmental changes that create calm, regulating service interactions.
- *You will leave prepared* for a more effective engagement with your clients, neighbors, and community during service hours. Ultimately creating a better individual experience for everyone.

Where:



Mid-Ohio Foodbank
3960 Brookham Dr.
Grove City, OH. 43123

When:
March 23, 2017
9:00am - 1:00pm

How to Register:

- [Click here](#) to register for this informative session offered free of charge for Mid-Ohio Agency Partners. ****Must register with Agency Name & ID Number.***
- If you are not a Mid-Ohio Agency Partner and wish to attend there is a **\$10.00** registration fee. Call Ann L. Miller-Tobin to register. **614.317.9447. **Based on availability.***
- Registration closes **March 10, 2017.**

Questions?

Call Ann L. Miller-Tobin,

Network Resource & Training Coordinator

614.317.9447 or email amillertobin@midohiofoodbank.org

